

### AMENDMENTS TO THE CLAIMS

1. (Currently amended) A composition for improving insulin sensitivity, consisting essentially of a pharmaceutically effective amount of at least one chromium complex and a pharmaceutically effective amount of alpha-lipoic acid.

2. (Original) The composition of claim 1, wherein said chromium complex is selected from the group consisting of chromium picolinate, chromium nicotinate, chromic tripicolinate, chromic polynicotinate, chromium chloride, chromium histidinate, and chromium yeasts.

3. (Original) The composition of claim 1, wherein said composition is incorporated into a pharmaceutically effective carrier.

4. (Original) The composition of claim 3, wherein said pharmaceutically effective carrier is selected from the group consisting of a tablet, capsule, microbead, emulsion, powder, granule, suspension, syrup and elixir.

5. (Original) The composition of claim 4, wherein said microbead is a sugar beadlet or microcrystalline cellulose beadlet and said at least one chromium complex and said alpha-lipoic acid are coated on said beadlet.

6. (Original) The composition of claim 4, wherein said tablet, capsule, or microbead is coated with an enteric coating.

7. (Original) The composition of claim 1, wherein said chromium complex and said alpha-lipoic acid are in a ratio of between about 1:25 to 1:1000 (w/w).

8. (Currently amended) A composition for improving insulin sensitivity, consisting essentially of a pharmaceutically effective amount of at least one chromium complex, a pharmaceutically effective amount of alpha-lipoic acid, and a chelating agent.

9. (Original) The composition of claim 8, wherein said chelating agent is picolinic acid, nicotinic acid, or both.

10-26. (Cancelled).